

Care Navigation Program

-MBC IN THE CARIBBEAN-

11TH AUG -
3RD OCT
2025

A multidisciplinary approach that offers holistic patient care through case management and education, aiming to improve quality of life. This project seeks to develop a personalized program rooted in the lived experiences of metastatic breast cancer patients in the Caribbean and expert regional input to address gaps in care and promote equity despite limited resources.

-AUGUST SCHEDULE-

MODULE	FACILITATOR	DATE AND TIME
Introductory Meeting Launch of Care Navigation Program	Meet the MBC Caribbean Research Team and Module Facilitators	Mon 11 th Aug 6pm to 7pm
Psychosocial Wellbeing - Session 1	Dr Tamara Green, Consultant in Psychosocial Oncology & Community-Based Palliative Care Physician	Wed 13 th Aug 6pm to 8pm
Psychosocial Wellbeing - Session 2	Dr Tamara Green, Consultant in Psychosocial Oncology & Community-Based Palliative Care Physician	Fri 15 th Aug 6pm to 8pm
Physical Activity & Exercise Session 1	Simone Kissoon, BSc, MBA, MSc, E-RYT 500, Certified Yoga Instructor	Tue 19 th Aug 6pm to 7:30pm
Spiritual Wellbeing - Session 1	Anderson Kellman - Counselling Psychologist	Thur 21 st Aug 6pm to 8pm
Spiritual Wellbeing - Session 2	Anderson Kellman - Counselling Psychologist	Mon 25 th Aug 6pm to 8pm
Physical Activity & Exercise Session 2	Simone Kissoon, BSc, MBA, MSc, E-RYT 500, Certified Yoga Instructor	Tue 26 th Aug 6pm to 7:30pm

Supported by : Caribbean Cancer Portal | University of Trinidad & Tobago | The University of the West Indies, Cavehill, Barbados | The University of the West Indies, Mona, Jamaica | The University Hospitals of the West Indies | St James Medical Complex, NWRHA, Trinidad and Tobago | Millennium Heights Medical Complex, St Lucia | The Vaughan A Lewis Institute for Research and Innovation VALIRI |

Windward Islands Research and Education Foundation WINDREF .
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-SEPTEMBER - OCTOBER SCHEDULE-

MODULE	FACILITATOR	DATE AND TIME
Nutrition - Session 1	Nelisha Hosein , Registered Dietitian, Nutritionist	Wed 3 rd Sept 6pm to 7:30pm
Nutrition - Session 2	Nelisha Hosein , Registered Dietitian, Nutritionist	Thur 4 th Sept 6pm to 7:30pm
Symptom Management	Dr Chelsea Garcia - Palliative, Hospice & Internal Medicine Consultant	Tue 9 th Sept 6pm to 8pm
Supportive Care Services	Dr Chelsea Garcia - Palliative, Hospice & Internal Medicine Consultant	Tue 16 th Sept 6pm to 8pm
Caregiver Support - Session 1	Chaplain Neive George - Palliative Care Therapist	Mon 22 nd Sept 6pm to 8pm
Caregiver Support - Session 2	Chaplain Neive George - Palliative Care Therapist	Tue 23 rd Sept 6pm to 8pm
Legal & Financial Planning	Ria Ramoutar - Attorney-at-Law	Fri 3 rd Oct 6pm to 8pm

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